

Marko Petkovic, M.Sc.
feelgoodrituals.com

GOLDEN
COLLECTION

47 LITTLE LOVE BOOSTERS

NO MATTER HOW BUSY YOU ARE
CONNECT AND INSTANTLY DEEPEN YOUR BOND

AMAZINGLY SIMPLE LITTLE THINGS SUCCESSFUL COUPLES DO SERIES

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The Little Things That Matter

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The Complete Collection:1-Pager

The Success Checklist

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The image features two hands clasped together in a firm grip, centered against a blurred background of a sky and clouds. A semi-transparent red rectangular overlay covers the middle portion of the image, serving as a background for the text. The text is written in a bold, red, sans-serif font, split into two lines. The overall composition conveys a sense of strength, support, and partnership.

**THE LITTLE THINGS
THAT MATTER**

THE 47 LOVE BOOSTERS

Love Boosters are those little doses of happiness that you can start sending to your loved one right now.

Start creating heart-warming love moments that will make your partner's day.

In the same way that life is not predictable, the love boosters in the list below are put together in no particular order. As you become familiar with them it may be tempting to scoff at some of the listed nice little things as "common sense". And you would be right. But it's common sense that is not being applied to common practice.

So let's put them into practice and commit to sending the love boosters below to your loved one. Then watch magical things start to happen. **Let's start sending them NOW!**

They cost no money, take just seconds of your time, and require no cooperation from your partner. Yet they mean so much.



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1 Love Booster

SAY "THANK YOU."

DON'T TAKE YOUR LOVED ONE FOR GRANTED.



“Little things seem nothing, but they give peace, like those meadow flowers which individually seem odorless but all together perfume the air.”

Georges Bernanos



*Give a loving look and a
kiss to your love as soon
as you walk in the door and
just as you leave each day.*

Love Booster

GREET WITH A HUG, PART WITH A KISS



Love **3** Booster

ASK “WHAT CAN I DO FOR YOU TODAY?”



Show enthusiasm for your partner's personal and work-related successes. Don't forget to celebrate their accomplishments! Let them see how happy you are for them!

Love Booster

LET YOUR LOVED ONE KNOW
HOW PROUD YOU ARE OF THEM



“Life is made up, not of great sacrifices or duties, but of little things, in which smiles and kindness, and small obligations given habitually, are what preserve the heart and secure comfort.”

Humphry Davy



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*S*ay openly how fabulous your loved one looks. Don't assume they know how you feel about them. When your partner dresses to go out, pay attention and admire them. Let your partner know when they're wearing a color that really compliments their eyes or hair.

Love Booster

EXPRESS ADMIRATION OUT LOUD



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Love Booster 6 SHINE A LIGHT ON YOUR PARTNER IN PUBLIC

Go ahead and brag a little. Compliment your partner in public often. If you're talking in a group and it's appropriate to the conversation, say something like "Kate makes the most incredible roast" or "Mike mows the lawn like a Persian carpet" and give them a loving look while you're talking about them.

A background image showing two hands of different skin tones holding each other in a supportive grip, overlaid with a semi-transparent teal rectangle.

“You can give without loving, but you can never love without giving.”

Robert Louis Stevenson



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7
Love Booster

BRING BREAKFAST TO BED
AND EAT TOGETHER



*If you leave for
work early, leave
your spouse's
favorite coffee on
the table*

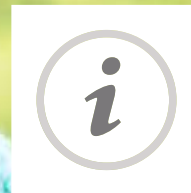
Love Booster

LEAVE A STEAMY MEMENTO

A background image showing two hands shaking, symbolizing agreement or partnership. The image is overlaid with a semi-transparent green rectangle.

“It’s the little details that are vital. Little things make big things happen.”

John Wooden



Love **Booster**

KISS THEM UNEXPECTEDLY



Leave a glass of freshly squeezed orange juice on the counter to make sure your spouse starts the day with a vitamin boost.

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Love Booster

SAY "I CARE" WITH NUTRITIONAL FLAIR



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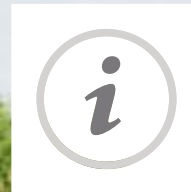
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HUG THEM FOR NO REASON



Head out, and take the kids with you. On Saturday morning, wake up early. Take the kids out and leave your loved one to sleep later than usual. If you want an extra loving look from your spouse, just before leaving house leave a glass of juice along with some croissants on the table and a loving note "Slept well? I love you!"

12
Love Booster

LET YOUR PARTNER SLEEP IN



13
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SEND YOUR SPOUSE A LOVING EMAIL OR
TEXT MESSAGE IN THE MIDDLE OF THE DAY



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Offer to do the dishes or fold the clothes together. Use the time to talk about the day.

14
Love Booster

PARTNER UP! DO THE CHORES TOGETHER.

A background image showing two hands shaking, symbolizing agreement or partnership. The image is overlaid with a semi-transparent teal rectangle.

“If you can’t do the little things right, you will never do the big things right.”

William H. McRaven



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Love Booster

SHOW INTEREST

If you are a woman, remember that your husband might like to have you show an interest in what he is doing. What's under the hood of the car might not interest you, but giving your spouse a few moments to share his expertise will make him feel good. Take the time to listen, and let him know you appreciate his role and the work he does.



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If you want to be important in your loved one's life, the bakery is a good place to start. Drop by your spouse's office with a cupcake from the shop across the street on your lunch break.

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UNEXPECTEDLY DROP BY WITH A LITTLE
SOMETHING FROM ACROSS THE STREET



17
Love Booster

DRAW FUNNY FACES ON THE EGGS
IN THE REFRIGERATOR



“In the sweetness of friendship let there be laughter, and sharing of pleasures. For in the dew of little things the heart finds its morning and is refreshed.”

Khalil Gibran



10
Love Booster

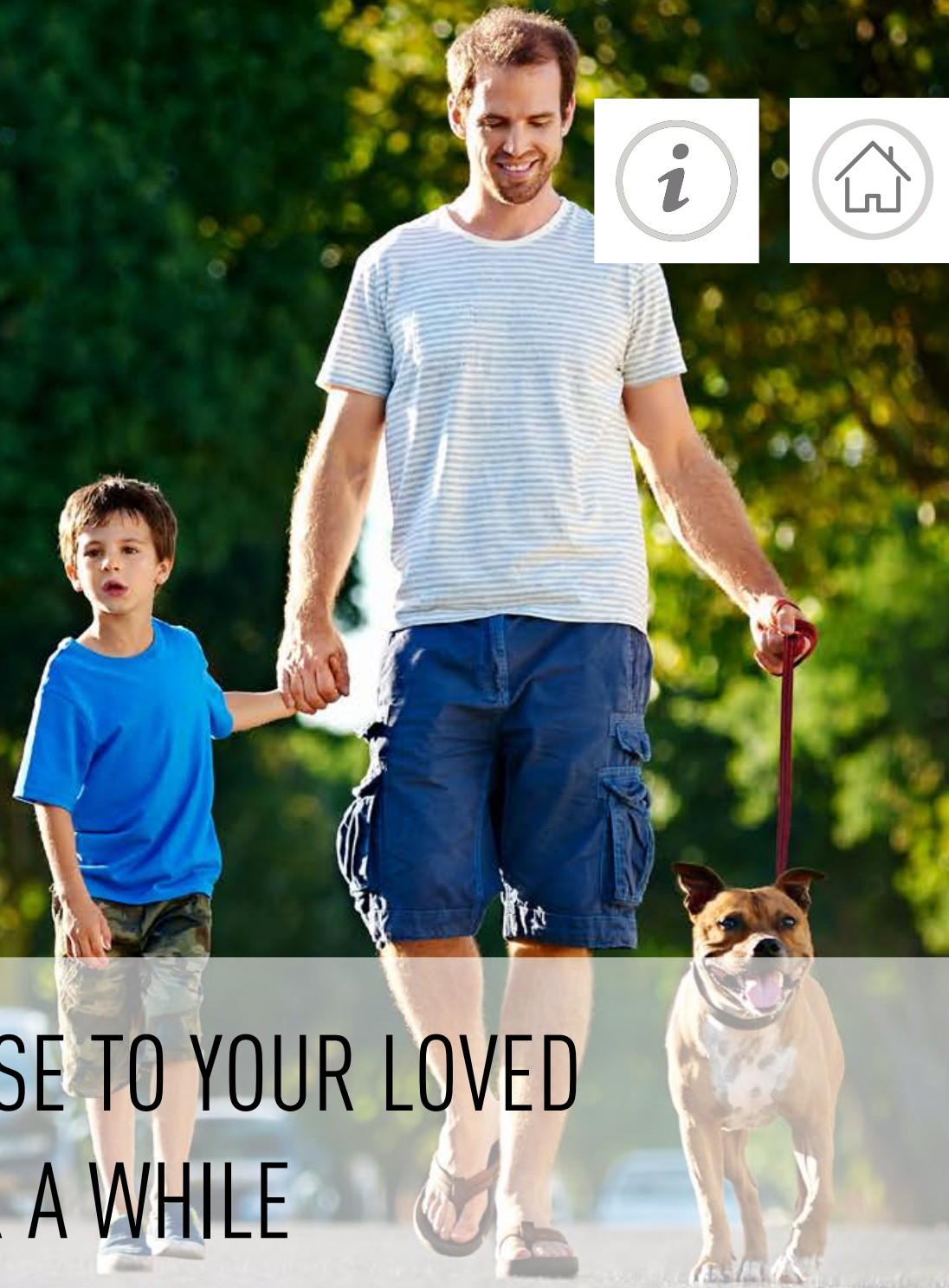
WAKE UP FIRST AND PREPARE YOUR
PARTNER'S FAVORITE BREAKFAST



Take the kids to the park while they are on spring break and let your partner enjoy the house on their own terms.

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LEAVE THE HOUSE TO YOUR LOVED
ONE ALONE FOR A WHILE





20
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FIX HIM HIS FAVORITE DISH



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Do all of you love mashed potato, but he hates it? Make mashed potato for you but make a small pot of roasted potato too, just for him.

21
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MAKE LOVING EXCEPTIONS

A background image showing two hands, one larger and one smaller, holding each other in a supportive grip. The hands are positioned diagonally across the frame, with the larger hand at the top right and the smaller hand at the bottom left. The skin tones are light and the lighting is soft, creating a warm and comforting atmosphere.

*“Remember that the happiest people
are not those getting more, but those
giving more.”*

H. Jackson Brown, Jr.



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*F*old your partner's clothes on the bed, or hang them in the closet, say nothing. When your partner showers, secretly lay out pajamas for them, still warm from the dryer.

Love Booster

PERFORM STEALTHY GOOD DEEDS
AND GHOSTLY ACTS OF KINDNESS



*Hide a loving
note in your
partner's clothes for
tomorrow so they
find it while at work.*

Love Booster

SEND A MESSAGE IN A ...POCKET



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EMPTY THE DISHWASHER BEFORE
LEAVING FOR WORK.

I  you

25
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MAKE ROMANTIC GRAFFITI

 Use lipstick or soap to write a love message on the bathroom mirror. (Just be sure you try it in advance and you know what it takes to clean the message off the mirror!)



“We forget the little things, so it’s no wonder some of us screw up the big things.”

Neil Cavuto



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While your love is cooking, go up behind them, and slide your arms around their waist. If your partner is reading or writing emails, nuzzle your face into the side of their neck and tell them how much you love them.

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INTERRUPT, IRRESISTIBLY



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SNUGGLE ON THE COUCH



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HOLD HANDS WHILE WALKING TOGETHER



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HUG YOUR PARTNER FROM BEHIND NEXT
TIME THEY ARE BRUSHING THEIR TEETH



*Catch your love's eye
while they are reading
the newspaper or are
concentrating. When they look
up and see you, smile and tell
them how much you love them.*

30
Love Booster

LET THEM CATCH YOU LOOKING



31
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BE SENSE-IBLE

When walking past your loved one, brush by them with a quick touch. This could be just a quick touch to the small of the back, shoulder or waist.



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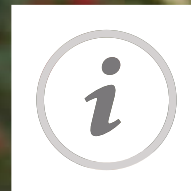
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Without them knowing, pick a chore that your partner routinely does and do it yourself, and without any expectations of thanks.

3
Love Booster

DO ONE OF YOUR PARTNER'S CHORES,
AND SWEEP THEM OFF THEIR FEET.



Love **Booster**

PLACE YOUR ARM AROUND
YOUR LOVED ONE IN PUBLIC



“When you are older you will understand how precious little things, seemingly of no value in themselves, can be loved and prized above all price when they convey the love and thoughtfulness of a good heart.”

Edwin Booth



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WHILE WATCHING TV TOGETHER, SOFTLY KISS YOUR
LOVED ONE ON THE CHEEK DURING COMMERCIALS

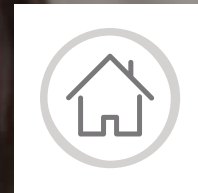
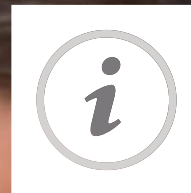


Miss,
-Kous-

If your partner is going for a trip, put a note and a small present into their suitcase or laptop bag to be found later on the plane.

35
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FOR HERE, OR TO GO? PACK A MESSAGE
FOR YOUR LONELY TRAVELER.



36
Love Booster

RUB YOUR PARTNER'S NECK
WHILE THEY'RE DOING SOMETHING



*“Kindness in words creates confidence.
Kindness in thinking creates
profoundness. Kindness in giving
creates love.”*

Lao Tzu



*Ask your partner
about something they
confined to you before, and
how that went. That will
show them you're listening.
Listen carefully.*

Love Booster

**ASK "HOW WAS YOUR DAY?"
...AND LISTEN TO THE ANSWER.**



Write a “Missing you already!” note and stick it to the back of the sun visor so your partner can find it themselves. If you happen to live in an area where it gets cold, write a message on the car’s frosty window “Kathy loves Mike”. (If it doesn’t get cold, write in the dust.)

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LEAVE A MESSAGE
IN (OR ON) YOUR PARTNER’S CAR



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INVITE YOUR PARTNER FOR LUNCH

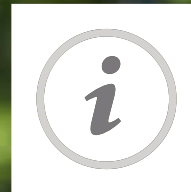


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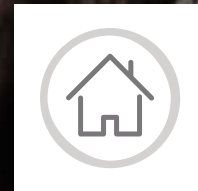
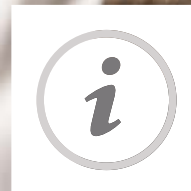
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GIVE YOUR SPOUSE A FOOT MASSAGE
WHILE WATCHING TELEVISION TOGETHER



41
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(FOR GUYS ONLY) BE A GENTLEMAN.
OPEN THE CAR DOOR FOR HER!



42
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ORDER SOMETHING FROM A CATALOG
YOUR SPOUSE IS LOOKING AT.



“Everyone is trying to accomplish something big, not realizing that life is made up of little things.”

Frank A. Clark



43
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DO SOMETHING FOR YOUR PARTNER THEY
HATE DOING (LIKE PAYING BILLS.)



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Love Booster

BUY A LITTLE SOMETHING -
JUST BECAUSE

Small gestures say a lot. Buy your spouse a little something (his favorite magazine, her favorite chocolate) on your way home for no special reason - apart, of course, from showing your thoughtfulness to the love of your life.



45

Love Booster

GET THE KIDS TO BED EARLY, PREPARE
SOME WINE AND CHEESE, AND JUST TALK.

*Leave a candy
where your
precious one will
find it with a note on
saying “Thank you for
being in my life.”*

40
Love Booster

CELEBRATE YOUR OWN VALENTINE, ANY
TIME.

A background image showing two hands, one larger and one smaller, holding each other in a supportive grip. The hands are positioned diagonally across the frame, with the larger hand at the top right and the smaller hand at the bottom left. The skin tones are light and the background is a soft, out-of-focus blue and white.

*“It’s the little things that count,
hundreds of ‘em.”*

Cliff Shaw



47

Love Booster

SAY "I LOVE YOU" AS MANY TIMES YOU CAN.
YOU CAN'T OVERDO IT.



47 Love Boosters

1. Say "Thank you." Don't take your loved one for granted.
2. Greet with a hug, part with a kiss.
3. Ask "What can I do for you today?"
4. Let your loved one know how proud you are of them.
5. Express admiration out loud.
6. Shine a light on your partner in public.
7. Bring breakfast to bed and eat together.
8. Leave a steamy memento.
9. Kiss them unexpectedly.
10. Say "I care" with nutritional flair.
11. Hug them for no reason.
12. Let your partner sleep in.
13. Send your spouse a loving email or text message in the middle of the day.
14. Partner up! Do the chores together.
15. Show interest.
16. Unexpectedly drop by with a little something from across the street.
17. Draw funny faces on the eggs in the refrigerator.
18. Wake up first and prepare your partner's favorite breakfast.
19. Leave the house to your loved one alone.
20. Fix him his favorite dish.
21. Make loving exceptions.
22. Perform stealthy good deeds and ghostly acts of kindness.
23. Send a message in a . . . pocket.
24. Empty the dishwasher before leaving for work.
25. Make romantic graffiti.
26. Interrupt, irresistibly.
27. Snuggle on the couch.
28. Hold hands while walking together.
29. Hug your partner from behind next time they are brushing their teeth.
30. Let them catch you looking.
31. Be sense-ible.
32. Do one of your partner's chores, and sweep them off their feet.
33. Place your arm around your loved one in public.
34. While watching TV together, softly kiss your loved one on the cheek during commercials.
35. For here, or to go? Pack a message for your lonely traveler.
36. Rub your partner's neck while they're doing something.
37. Ask "How was your day" . . . and listen to the answer.
38. Leave a message in (or on) your partner's car.
39. Invite your partner for lunch.
40. Give your spouse a foot massage while watching television together.
41. (For guys only) Be a gentleman. Open the car doors for her!
42. Order something from a catalogue your spouse is looking at.
43. Do something for your partner they hate doing (like paying bills.)
44. Buy a little something – just because.
45. Get the kids to bed early, prepare some wine and cheese, and just talk.
46. Celebrate your own Valentine, any time.
47. Say "I love you" as many times you can. You can't overdo it.

SUCCESS CHECKLIST



- **Keep the list handy for a quick peep.** Save it to your phone or print it out.
- **Pick the 10 ideas that you like the most and commit to doing them.** Start with the easiest ones, like saying “Thank you,” smiling at your loved one, or giving them honest praise about how they look today.
- **Set yourself a recurring reminder on your phone** that goes off each day (preferably morning) for the next 10 days. That’s essential to start developing a new beautiful habit, a love ritual in its own right. This may not sound romantic, but it works.
- **Pay attention.** Use these new ideas just as a starting point. Add your own flavor because no one knows your spouse better than you do. Soon enough you’ll start coming up with plenty of your own ideas and combinations and that’s where the magic starts to happen.
- **Write new ideas down.** Again, it’s best to use your phone but a piece of paper in your wallet will do just as well.
- **Forget keeping score.** The love you give returns to you. This is only way you can generate any change for the better.
- **Keep in mind that there’s nothing wrong with doing something nice for your loved one.** If your spouse asks you “What’s wrong?” or says “This is not like you.” just say, “Nothing.” or “I just remembered how much I love you.”
- **Persist.** Show your love by example and not by words alone.

ABOUT THE AUTHOR



Marko Petkovic is the author of the Amazon Best-Sellers *47 Little Love Boosters For A Happy Marriage*, the *Feel Good Marriage* and his latest book *The 5 Little Love Rituals*. He is also the creator of feelgoodrituals.com, dedicated to helping people achieve healthy, fulfilling relationships, personal success, and abundance.

Married for more than fifteen years, **Marko writes for modern women and men of the twenty-first century who struggle to balance their professional work with home and raising kids while trying to be good partners to their life mates.**

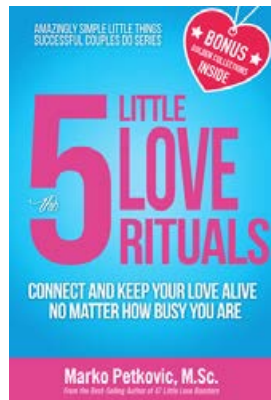
Marko believes that successful relationships are acts of doing, not having, and can therefore be learned. He also believes that every person has a choice, and that everyone can change and grow.



Marko is also the father of two boys. He would like to consider himself to be a kickass husband and father, but he still screws up every now and then. When this happens, he says to himself, “Tomorrow, I’ll do better,” and sees those everyday family challenges as inspiration for his own work. He starts his day early and believes that hope is not a plan.



FROM THIS AUTHOR

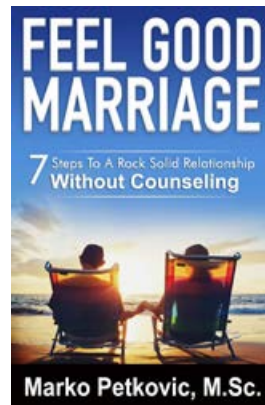


THE 5 LITTLE LOVE RITUALS

Connect and Keep Your Love Alive
No Matter How Busy You Are



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47 LITTLE LOVE BOOSTERS

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Matter How Busy You Are



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